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TURNINGPOINT: YOUR LIFESTYLE, YOUR WELL-BEING

SUMMER 2022

FOOD, INDIVIDUALITY AND MUSIC

turningpoint
YOUR LIFESTYLE, YOUR WELL-BEING **SUMMER 2022**



FOOD, INDIVIDUALITY & MUSIC

Music Legends **"THE EMOTIONS"** With Family

Grooving Foodies Celebrating Life

Published by Esther Austin Global

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Introduction to Turningpoint Magazine

TurningPoint Magazine - An Esther Austin Global publication.

Are you ready to take that major TurningPoint in your life? Then this magazine is for YOU

Background

TurningPoint Magazine – Published by Esther Austin Global.

TurningPoint - An exciting quarterly digital and hard copy International luxury lifestyle (**subscription-based**) publication motivating individuals who are at the turning point of their life. A multi-cultural magazine. An international publication for an international audience.

- o TurningPoint features interviews with every day heroes as well as some of the most successful and influential entertainers of our time. But these are not your usual celebrity fluff pieces. TurningPoint delves into the heart and soul of these legends, celebrities and pioneers sharing never before told stories of failure and redemption, and how to pick up and start again.
- o Promotes stories and experiences from an International perspective
- o Encourages, inspires, uplifts positive and wealthy lifestyles
- o Showcases up-coming fashion designers and art creatives
- o Covers heart-felt stories of triumph over adversity
- o Captures international cultural content
- o Features health and Well-Being, Fine Dining, Entrepreneurship

Sections in Magazine:

Exclusives, Features, Fine Dining, Health & Well-Being, Entertainment, Art and Creativity, Humour, Fashion, Entrepreneurship, Spirituality

SUMMER 2022 – THEME: FOOD, INDIVIDUALTY, MUSIC

The theme this quarter will explore the impact, look at the nostalgic experiences, memories and cultural association to us as individuals regarding food and our relationship to food and how it has impacted, influenced and inspired our lives.

This issue will take you on a global journey to explore why people love certain foods, how it has influenced, inspired and impacted their lives, along with music. We will also explore the correlation between music and food and how together they can be and are usually a social construct to bring people together, crossing divides, creating cohesion through shared experiences – creating nostalgic moments.

EXCLUSIVE: Chart Topping Legendary Group ‘The Emotions’ Wanda, Wendi Vaughn, Wyann and other family members, dad Wayne, brother Warren and Sister Witny Ising Vaughn, LA. The Emotions are known for their harmonies and for such greats such as ‘Don’t Ask my Neighbour’, ‘Flowers’, ‘Best of my Love’. The Emotions have a healthy association with food and music, their brother Warren’s speciality is gut health and is currently working to obtain his B.S in Nutritional Science, Dad Wayne loves to cook and has supported The Emotions, written songs and worked with the likes of Earth, Wind & Fire.



FEATURES: The Harris Twins - Mark and Matthew, from WOW Creations, LA – share about their PR firm Wow! Creations a Los Angeles based creative marketing and publicity company specializing in creating Celebrity / VIP Gift bags filled with high-end consumer products for Hollywood Award Shows / Film Festivals / Beauty Pageants / Charity Events / Sport event / Individual Gifting Experiences and Launch parties for emerging companies.



Lillian Nahar: Global Mediator, Negotiator, Inspirational Speaker and someone whose love language is serviced through cooking. Lillian shares her passion and love of good food and how she creates her own cultural dishes inspired from her international travels. Lillian’s’ hospitality is a gift she believes has been given to her by God of forging great relationships and connections through her creativity in preparing food.

FASHION: Known as one of the top men’s fashion designers in LA Woody Wilson shares about his passion for designing and styling high profile Celebrities and artists. Chic and debonair Woody, who has been vegan for the past 6 years also gives us an insight into his favourite foods his health and eating habits.



Esther Austin, CEO of TurningPoint: Your Lifestyle, Your Well-Being magazine, Fashion Stylist & Designer of The Funky Butterfly Brand – a unique brand of clothing that challenges you to discover your Unique Signature Style, takes you on an adventure with her Fashion Hacks.

Judith Barnes, JB Couture, From the paradise island of Jamaica as a child dreaming about becoming a top designer to sun, sea and sand of Miami, Judith shares about her stunning range of designs, head-dresses and accessories, Judith is Known as one of Miami’s top designers and you will see why by her beautifully sculpted and crafted designs.



ENTERTAINMENT: Maximillian Spohr from Germany Film Maker, Human Being, Event Manager. In 2018 The Golden Sneakers International Hip Hop Film Festival A film festival against Hate and Racism! was born.



The Stubbs Girls – Family to legend Levi Stubbs of The Four Tops, Detroit, Vegas – Take us on a musical journey, as they explode on the music scene with new music and remakes and talk about their relationship with food. 2020 National Rhythm & Blues Hall of Fame Nominees.



Ciyo Brown, UK, is known as The Master Guitarist of Jazz & Reggae. He has worked with Reggae and Lovers Rock legends such as John Holt, Carroll Thompson, Janet Kay, Ken Boothe, Sugar Minott etc. He has also has toured with Courtney Pine, Byron Wallen, Ronnie Laws, Jean Toussaint, Maxi Priest, Beres Hammond, Steel Pulse etc. He will be talking about his latest album '**Can we Pretend**' and the influence of food in his life.



HEALTH & WELL-BEING: Bryan Ray Ruiz, LA, CEO of California Care Givers specialises in rare and exotic extractions shares the extraordinary story of how his Cannabis based products are helping to restore health in his patients and also animals. Testimonial after Testimonial highlights his miracle products.



Dr Moshe Lewis, LA: Specialises in Physical Medicine and Rehabilitation by day and by night, he is following his passion. A podcast called 'Music and Medicine' where he interviews male artists about music and their health challenges.



Katie Rose, Singer, Composer, Conductor, Write, UK: Resident Contributor will share her wisdom about food and health for someone who is Vegan and careful about what she eats and whose world is infused with music, Katie will take us on an uplifting adventure, as she carves her words of inspiration into our souls.

CULINARY DELIGHTS: Tony Jazz, Bespoke Lifestyle Consultant to the Rich and Famous, UK and Resident Fine Dining Contributor will submit another incredible Fine Dining experience. The etiquette of Fine Dining, where he will explore the correlation between music and the finer things in life. You just never know where Tony's culinary journey will take you.



Paul Wayne Gregory, UK Chocolate Specialist, an eclectic man, with a passion for chocolate and Indulgence. Indulgence at its finest and the best. However, there is a stronger meaning around 'Indulgence' for Paul, an extraordinary man who takes chocolates and creates the most incredible tastes and designs, creating face moulds, dresses,



whatever you desire – all edible. Whatever your heart's desire! Paul's your Chocolate Genie.

Kwame McPherson, Jamaica: Another one of our Resident Contributors, the Storyteller, who weaves words into incredible insights of wisdom, drawing you into his world of storytelling will share about the influence of music and food from a place that is synonymous with its influence of Reggae – from the island of Jamaica.



The Rock Steady Rum Lounge in Gipsy Hill, South East London serves a delicious array of Caribbean cuisine along with your favourite choice of Rum. A brand-new bar serving a heady range of drinks and cocktails, accompanied by a Rock Steady inspired soundtrack. Run by husband and wife team Melbourne and Trudy Nugent.



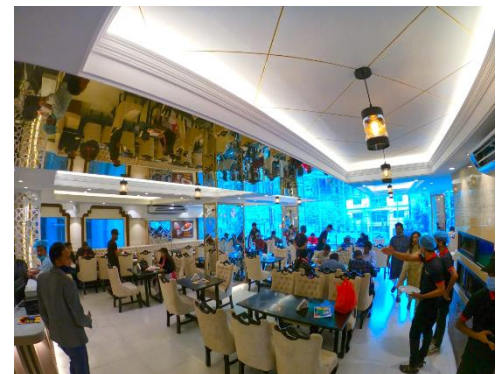
Martin Draluck, LA from The Black Pot Supper Club - Martin's love for food and history combined to create Hemmings & Hercules, (some of the first cooks to feed the Founding Fathers – the enslaved chefs of George Washington and Thomas Jefferson) a dinner series inspired by the country's first celebrity chefs, that would go on to feature as part of the Netflix series High on the Hog a series that chats how Africa Americans have shaped the country's cuisine.

Animes Roy is a Bangladeshi music composer, singer, and songwriter. He works on folk music, Hajong language music. He is also featured artist on Coke Studio Bangla.



Horror Story Writer, **Sumaiya Sultana** from Bangladesh writes a personal true-based story horror story.

Here we get an insight into **Sultan's Dine, Bangladesh** a restaurant dedicated to satisfy the opulent cravings with their delicious take on the traditional feast of the Sultans



Tajine- Nawabi Cuisine, Bangladesh. Bringing the traditional OLD DHAKA food to customers with more authentic taste.



Afternoon Tea Review by CEO Esther Austin and Fashionista Model mark Fowler: Visit to The Tea Terrace at The House of Fraser

“The Tea Terrace are a British company with a growing chain of unique and quaint tea rooms whose goal is to reinvent the concept of English tea rooms. If you're looking for a traditional Afternoon Tea experience like no other, then look no further than The Tea Terrace.” Afternoon tea in a Gold Carriage – what better way to do tea.



Review by CEO Esther Austin of overnight stay at **The Biltmore LXR, Luxury 5 Star Hotel in Mayfair, London** on their Afternoon Tea (What makes a Good British Afternoon Tea Experience) Dinner and Breakfast.

**JOIN US JULY 2022 IN LA – THE SUMMER ISSUE
A NIGHT IN LOS ANGELES WITH TURNINGPOINT MAGAZINE
WITH SPECIALIST CHOCOLATIER, PAUL WAYNE GREGORY SUMMER 2022
FROM THE UK**

**TURNINGPOINT; YOUR LIFESTYLE, YOUR WELL-BEING MAGAZINE
HAS NOW ENTERED THE ASIAN MARKET. LAUNCH IN AUGUST 2022**

LEGENDARY MUSICAL GROUP AFTERNOON TEA EXCLUSIVE WITH TURNINGPOINT: YOUR LIFESTYLE, YOUR WELL-BEING MAGAZINE – JUNE 2022

We've just secured an Exclusive Afternoon Tea Experience with one of our high end clients, a world renowned group in a luxury hotel, in their Gold Suite Look out for pictures and write-up on our blog @ <https://www.estheraustinglobal.biz/blog-1>

If you are interested in our high end unique experiences contact us for more information at: info@turningpointmag.com

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